



**25 Adelaide Street East, Suite 1010
Toronto, Ontario, Canada M5C 3A1**

TSVX-RG

NASDAQ OTC – RMIOF

Frankfurt: D4R

PRESS RELEASE

FOR IMMEDIATE RELEASE

November 8, 2010

Romios Welcomes Jack McOuat to its Board of Directors

TORONTO, ONTARIO (November 8, 2010) – Romios Gold Resources Inc. (TSX-V:RG): The management of **Romios Gold Resources Inc.** ("Romios" or "the Corporation") is pleased to announce the appointment of John Frederick (Jack) McOuat, P.Eng. to its Board of Directors.

Jack McOuat is one of the founding partners of the WGM Group and until recently served as Chairman and Director of Watts, Griffis and McOuat Limited. He acts as Executive Engineer for many of WGM's projects.

Mr. McOuat has broad experience in all aspects of mining. He has planned and supervised field programs, engineering investigations and feasibility studies all over the world. He has been consulted by a number of governments and many private sector companies.

Mr. McOuat currently sits on the Boards of Sentry Select Primary Metals Corp, NCE Flowthrough and Canadian Income Management Inc. He is currently a director of Royal Ontario Museum and Chair of the Heritage Governors at the ROM. Mr McOuat is also a director of the Canadian Mining Hall of Fame.

Mr. McOuat served many years as a Board member of Franco Nevada Corp., Cominco Ltd. (now known as Teck Resources) and Diamond Fields Resources Inc. at the time of the Voisey's Bay discovery. He has authored numerous articles and publications and served on numerous industry and engineering organizations. He also received an Honorary Doctorate from the Technical University of Nova Scotia.

Mr. McOuat has been granted 1,000,000 stock options exercisable at \$0.15 per share for five years. Mr. McOuat's appointment is subject to regulatory approval.

Romios Gold CEO, Tom Drivas said, "We are very pleased that Mr. McOuat has joined our Board. We have a great deal of respect and admiration for his capabilities and experience and we are looking forward to his thoughts, guidance and contributions to our Board and to the progress and future success of the Company".

About Romios Gold Resources Inc.

Romios Gold Resources Inc., a progressive Canadian mineral exploration company established in 1995, is headquartered in Toronto and is actively engaged in precious and base metal exploration across North America with a primary focus on gold, silver and copper. Romios has significant property interests in British Columbia, Ontario, Quebec and Nevada. The Corporation is undertaking extensive exploration work on its Galore Creek area properties in British Columbia, which are centrally located between NovaGold's and Teck's large gold-copper-silver deposit and Barrick's high grade gold mine at Eskay Creek.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release. For further information, please contact:

Tom Drivas, President and Director: (tel) 416-221-4124, (fax) 416-218-9772 or (email) romios@romios.com

Michael D'Amico, Investor Relations: (tel) 647-500-6023 or email Michael@baystreetconnect.com

Exchange Listings and Symbols: TSX-V:**RG**, NASDAQ OTC:**RMIOF**, Frankfurt:**D4R**.

Head Office:

25 Adelaide Street East, Suite 1010

Toronto, ON Canada, M5C 3A1

Tel: 416-221-4124, Fax: 416 218-9772

Website: www.romios.com

Cautionary Note Regarding Forward-Looking Statements: This Press Release contains forward-looking statements that involve risks and uncertainties, which may cause actual results to differ materially from the statements made. When used in this document, the words "may", "would", "could", "will", "intend", "plan", "anticipate", "believe", "estimate", "expect" and similar expressions are intended to identify forward-looking statements. Such statements reflect our current views with respect to future events and are subject to such risks and uncertainties. Many factors could cause our actual results to differ materially from the statements made, including those factors discussed in filings made by us with the Canadian securities regulatory authorities. Should one or more of these risks and uncertainties, such actual results of current exploration programs, the general risks associated with the mining industry, the price of gold and other metals, currency and interest rate fluctuations, increased competition and general economic and market factors, occur or should assumptions underlying the forward looking statements prove incorrect, actual results may vary materially from those described herein as intended, planned, anticipated, or expected. We do not intend and do not assume any obligation to update these forward-looking statements, except as required by law. Shareholders are cautioned not to put undue reliance on such forward-looking statements.