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## **NEWS RELEASE**

## ROMIOS RECEIVES \$500,000 OPTION PAYMENT AND MINIMUM \$3,000,000 EXPLORATION COMMITMENT ON NEWMONT LAKE IN 2019

TORONTO, ONTARIO, April 1, 2019, Romios Gold Resources Inc. ("Romios" or the "Company") (TSX.V-RG) (OTC-PK: RMIOF) (Frankfurt: D4R) today announced that, further to its news release of March 22, 2019, Crystal Lake Mining Corp. ("CLM") has paid the Company a \$500,000 option payment and provided confirmation that it has funding in place to finance its binding commitment to incur expenditures of at least \$3 million on Romios' Newmont Lake Property ("Newmont Lake") on or before September 20, 2019 pursuant to the terms of the option agreement between Romios and CLM (the "Definitive Agreement"). Further particulars of the Definitive Agreement are set out in the March 22, 2019 news release.

## **About Romios Gold Resources Inc.**

Romios Gold Resources Inc., a progressive Canadian mineral exploration company established in 1995, is engaged in precious and base metal exploration primarily focused on gold, silver and copper on its properties in the Golden Triangle area, northwestern British Columbia. In addition to the properties in the Golden Triangle area, Romios holds a 100% interest in the Lundmark-Akow Lake property in Ontario, the LaCorne Property in Quebec and the Scossa Property in Nevada. It also holds a 2% Net Smelter Return Royalty on the Hislop property in Ontario.

This News Release contains forward-looking statements which are typically preceded by, followed by or including the words "believes", "expects", "anticipates", "estimates", "intends", "plans" or similar expressions. Forward-looking statements are not guarantees of future performance as they involve risks, uncertainties and assumptions. We do not intend and do not assume any obligation to update these forward-looking statements and shareholders are cautioned not to put undue reliance on such statements.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

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