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PRESS RELEASE

FOR IMMEDIATE RELEASE

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**ROMIOS GOLD RESOURCES INC.: ACTIVITIES UPDATE ON THE TREK AND
NEWMONT LAKE PROJECTS, NORTHWESTERN BC**

TORONTO, ONTARIO (April 18, 2012) -- Romios Gold Resources Inc. (TSX-V: RG) ("Romios" or the "Company") is pleased to provide the following update on the progress of activities at its Trek copper-gold-silver porphyry project and its Newmont Lake Project (gold-copper-silver porphyry and massive sulphide), both located in northwestern British Columbia.

Trek Property: Assessment

On March 14, 2012, Romios retained Tetra Tech Wardrop ("Tetra Tech") to review and assess the Trek Property's North Zone. The study will include a review of existing data and will focus on the potential continuity of the zones of higher-grade intercepts as well as extensions to the known areas of mineralization. The results of this review will facilitate the optimum location of infill and exploratory drill holes in future exploration programs on the Trek Property with a view to compiling sufficient data to prepare a future NI 43-101 compliant resource for the Trek Property.

Additionally, mineralization located at surface and within recent and historic drilling will be evaluated along an approximately five (5) kilometre-long trend on the Trek Property for the potential of property-wide continuity among the zones, resulting in drill planning for the development of a major BC-style porphyry deposit.

Newmont Lake Project: Engineering and Infrastructure

During the summer of 2011, Romios retained Knight Piésold Ltd. ("KP") of Vancouver, B.C., to review and assess potential infrastructure associated with Romios' Newmont Lake Project which includes the combined Newmont Lake and Dirk properties. As part of the initial evaluation, KP identified potential locations for road access, tailings facilities, and mill sites for the Newmont Lake Project. This high level planning exercise was completed as the precursor to a Preliminary Economic Assessment Study ("PEA"). As part of this study, KP identified an approximate 30 kilometre-long road route connecting the Newmont Lake Project with the existing Eskay Creek Road and with connections to the AltaGas Forrest Kerr hydroelectric project.

In a news release dated March 8, 2012, AltaGas announced its progress on construction and infrastructure pertaining to their Forrest Kerr hydroelectric project, approximately 32 kilometres from Romios' Newmont Lake Project. Also stated in the AltaGas news release was the projected late 2012 start date for construction on AltaGas' 66 MW McLymont Creek hydroelectric project, located within 10 kilometres of Romios' Newmont Lake Project, also within the McLymont River Valley.

Together, BC Hydro's Hwy 37 transmission line with an expected completion date in late 2013 and AltaGas' expected completion date of the McLymont Creek hydroelectric project in late 2015, will bring power and road access nearly the full distance to the Newmont Lake Project, making the Newmont Lake Project one of the most accessible upcoming gold-copper-silver metallogenic districts within the northwestern B.C. area.

Newmont Lake/Trek: Summer Planning

Concurrent with the retention of Tetra Tech and Knight-Piesold, Romios is planning a drilling campaign during the summer of 2012 to investigate extensions to the existing NI 43-101 inferred resource of the Newmont Lake Northwest Zone, a review of the potential continuity of the zones of higher-grade intercepts at the '72 and Telena Zones, exploration for extensions to the near-surface high-grade Ken Zone, and opportunities for expansion at the Trek property's North Zone. Romios intends to advance the Newmont Lake Project in pace with adjacent infrastructure construction to optimize development of the Newmont Lake Project's numerous mineralized zones.

The technical information contained in this press release has been reviewed by Thomas Skimming, P.Eng., Vice-President Exploration and a Director of Romios, a Qualified Person as defined by National Instrument 43-101.

About Romios Gold Resources Inc.

Romios Gold Resources Inc., a progressive Canadian mineral exploration company established in 1995, is headquartered in Toronto and is actively engaged in precious and base metal exploration across North America with a primary focus on gold, silver and copper. Romios has significant property interests in British Columbia, Ontario, Quebec and Nevada. The Company is undertaking extensive exploration work on its Galore Creek area properties in British Columbia, which are centrally located between Galore Creek Mining Corporation's large copper-gold-silver deposit and Barrick's high grade gold mine at Eskay Creek.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

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