



Romios Gold

R E S O U R C E S I N C .

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PRESS RELEASE

FOR IMMEDIATE RELEASE

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Romios' Diamond Drill Hole TRK-08-02 Intersects 3.27 GPT Gold, 5.71 GPT Silver and 0.31% Copper Over 27 Metres (88.6 Feet) Contained Within a 315.16 metre (1,034 foot) Mineralized Zone.

Romios Gold Resources Inc. (TSX – V: RG) today announced that the second diamond drill hole drilled at its Trek property located in the Galore Creek area of northwestern British Columbia has intersected a wide zone of mineralization measuring 315.16 metres or 1,034 feet from bedrock to the bottom of the hole grading 0.51 GPT gold, 1.71 GPT silver and 0.10 % copper. The wide intercept that contained higher grade zones of significant widths, when combined with previous drilling and sampling results, indicates the potential for a deposit of significant volume that is open in all directions. The discovery drill hole TRK – 08-01 reported in the company's News Release of October 22, 2008, intersected a higher grade breccia zone grading 1.05 GPT gold, 26.01 GPT silver and 2.06% copper over 32 metres (105 feet) , which was contained within a 131.4 metre (431 feet) zone assaying 0.39 GPT gold, 8.47 GPT silver and 0.61% copper. Samples from a highly mineralized breccia swarm exposed in a cliff face 150 metres (492 feet) west of the drill hole averaged 0.49 GPT gold, 7.85 GPT silver and 1.39% copper over a mineralized area measuring 250 metres by 50 metres (820 ft. by 164 ft.) Please refer to the company's News Release dated October 2, 2008 for further details.

Diamond drill hole TRK -08-02 was drilled as a vertical hole to a depth of 321.26 metres (1,034 feet) and was targeting the extension of the mineralized zone intersected in drill hole TRK-08-01. The map showing the location of the drill holes can be viewed on the Romios Gold Resources web-site at www.romios.com in the Trek property map gallery. The drill hole intersected a higher grade mineralized zone from 121.86 metres to 148.86 metres downhole (27 metres or 88.57 feet) that assayed 3.27 GPT gold, 5.71 GPT silver and 0.31 % copper. The zone was contained within a mineralized interval from 121.86 metres to 246.58 metres (124.7 metres or 409.20 feet in the drill hole) that had a weighted average grade of 0.82 GPT gold, 2.63 GPT silver and 0.19 % copper. Drill hole TRK -08-02 was mineralized over the full core length of the drill hole. The weighted average grade from bedrock to the bottom of the drill hole for a core length of 315.16 metres or 1,034 feet was 0.51 GPT gold, 1.71 GPT silver and 0.10 % copper.

The mineralization intersected in drill hole TRK -08-02 extended the mineralized zone intersected in drill hole TRK-08-01 by approximately 60 metres horizontally in a north easterly direction. The strike orientation of the zone is unknown because of the limited number of drill holes. The following chart provides the detailed information related to the sampling and analysis of the drill core from drill hole TRK-08-02. All intervals in this Press Release are core lengths and not necessarily true widths.

DDH TRK 08-02

From (m)	To (m)	Width (m)	Width (F)	Au g/t	Ag g/t	% Cu
121.86	123.14	1.28	4.20	0.391	1.6	0.11
123.14	124.66	1.52	5.00	0.15	1.4	0.112
124.66	126.19	1.52	5.00	0.112	1.1	0.0553
126.19	127.71	1.52	5.00	0.043	0.4	0.0317
127.71	129.24	1.52	5.00	0.535	4	0.284
129.24	130.76	1.52	5.00	0.532	5.1	0.408
130.76	132.28	1.52	5.00	0.674	3.2	0.174
132.28	133.81	1.52	5.00	0.357	2.2	0.102
133.81	135.33	1.52	5.00	38.9	44.6	2.06
135.33	136.86	1.52	5.00	0.392	2.1	0.145
136.86	138.38	1.52	5.00	2.71	9.6	0.523
138.38	139.90	1.52	5.00	10.95	11.4	0.638
139.90	141.43	1.52	5.00	0.525	3.2	0.127
141.43	142.95	1.52	5.00	0.281	2.5	0.141
142.95	144.48	1.52	5.00	0.224	2.4	0.177
144.48	146.00	1.52	5.00	0.729	2.6	0.194
146.00	148.00	2.00	6.55	0.263	2.2	0.12
148.00	148.86	0.86	2.82	0.203	2	0.162
	Weighted Average:	27.00	88.57	3.27	5.71	0.31

Contained within:

From (m)	To (m)	Width (m)	Width (F)	Au g/t	Ag g/t	% Cu
6.10	321.26	315.16	1034.00			
	Weighted Average:			0.51	1.71	0.10

From (m)	To (m)	Width (m)	Width (F)	Au g/t	Ag g/t	% Cu
75.90	277.06	201.17	660			
	Weighted Average:			0.73	1.94	0.14

From (m)	To (m)	Width (m)	Width (F)	Au g/t	Ag g/t	% Cu
121.86	246.58	124.7	409.20			
	Weighted Average:			0.82	2.63	.19

From (m)	To (m)	Width (m)	Width (F)	Au g/t	Ag g/t	% Cu
121.86	185.62	63.76	209.20			
	Weighted Average:			1.53	4.02	0.23

From (m)	To (m)	Width (m)	Width (F)	Au g/t	Ag g/t	% Cu
121.86	158.71	36.85	120.90			
	Weighted Average:			2.50	4.73	0.26

Tom Drivas, President of Romios Gold, stated “Diamond drill hole TRK -08-02 confirms the wide intervals and high tenor of the mineralization at Trek identified in drill hole TRK -08-01 and our surface sampling program. We are also excited by the high gold

assays and the fact that the drill hole is continuously mineralized from the bedrock to the bottom of the hole, over an interval of 315.16 metres (1,034 feet). These wide intervals of mineralization bode well for building significant tonnage and clearly demonstrates the potential for a major deposit at the Trek with grades similar to other large tonnage gold/copper porphyry deposits in Northern British Columbia.” Assay results for the remaining drill holes drilled at Trek are pending.

Romios has an option from the Galore Creek Syndicate to earn a 100 % interest in the Trek property, subject to a 2% Net Smelter Royalty in favour of the optionors.

All drill core samples submitted by Romios to the laboratory of ALS Chemex were analyzed for copper, gold and silver by ICP and fire-assay elemental analysis. The mineralized core intervals from NQ and HQ diameter core were split in the field using an electric- powered core saw and then the samples were hand delivered to ALS Chemex Laboratories in Terrace, British Columbia for preparation and then shipped to Vancouver for analysis. In addition to the laboratory’s quality control program, a rigorous on- site quality assurance and quality control program was implemented involving the insertion of blanks, standards and splits.

The technical information contained in this press release has been reviewed and approved by Mr. Thomas Skimming, P. Eng., Geologist, V.P. of Exploration, Director of Romios Gold Resources Inc. and a qualified person as defined by National Instrument 43-101.

About Romios Gold Resources Inc.

Romios Gold Resources Inc., a progressive Canadian mineral exploration company established in 1995, is headquartered in Toronto and is actively engaged in precious and base metal exploration across North America with a primary focus on gold, silver and copper. Romios has significant property interests in British Columbia, Ontario and Nevada. The Corporation is undertaking extensive exploration work on its Galore Creek area properties in British Columbia, which are centrally located between Nova Gold's large gold-copper-silver deposit and Barrick's high grade gold mine at Eskay Creek.

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