



Romios Gold
R E S O U R C E S I N C .

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PRESS RELEASE

February 19, 2009

**Geophysical Surveys Identify Large Anomalous Zone Extending Southwest
From The North West Zone at Newmont Lake.**

Romios Gold Resources Inc. (“**Romios**”) is pleased to announce the results of ground geophysical surveys that were carried out as part of its 2008 exploration program at its Newmont Lake project in northwestern British Columbia. Romios engaged the services of ClearView Geophysics Inc. of Brampton, Ontario to carry out Spectral Induced Polarization (IP) and Total Field Magnetic (Magnetic) surveys on its Newmont Lake property. The program was designed to extend the geophysical coverage to the northeast and southwest of the known North West Zone gold-copper-silver occurrence. Based on earlier drilling, the North West Zone was calculated to contain an inferred mineral resource of **1,406,000 tonnes** at a grade of **4.43 g/t Au, 0.22% Cu and 6.4 g/t Ag** or a gold equivalent grade (AuEq) of 5.16 g/t that was announced in a press release dated March 26, 2007. This equates to in-situ contained metal of **200,000 ounces of gold, 6,790,000 pounds of copper and 291,000 ounces of silver**. These resources are reported at a base case gold equivalent cut-off grade of 2.0 g/t. Mineral resources are not mineral reserves since they have not demonstrated economic viability – see Press Release dated May 16, 2007.

The induced polarization survey identified a continuous, strong, chargeability anomaly which was traced for over 450 metres in a southwesterly direction from the North West Zone within a 275 metre wide, northeast-southwest, magnetic low trend. The geophysical signature of the anomaly is similar in appearance but is three orders of magnitude stronger than that recorded over the known zone of gold-silver-copper mineralization at the North West Zone. The anomaly appears to extend beyond the survey boundary to the southwest and therefore could be much larger than that outlined to date. Three positive magnetic anomalies coincide and are adjacent to the chargeability anomaly. A plate showing the location of the large chargeability anomaly relative to the location of the collar of drill hole R-07-09 can be viewed on Romios’ website at www.romios.com – see Newmont Lake Property – Map Gallery.

Hole R-07-09 which was drilled during the summer of 2007 and located at the northeast end of the large chargeability anomaly, intersected **7.82 gpt (0.23opt) gold** over a core length of **19.69 metres (64.59 feet)**. Within this interval, two zones of higher grade mineralization were encountered, one **9.97 feet** in length which assayed **19.70 gpt (0.57 opt) gold** and the other **7.71 feet** in length which assayed **27.32 gpt (0.80 opt) gold**.

During the 2008 exploration program, diamond drilling carried out in the vicinity of the North West Zone intersected high grade gold and silver mineralization within a quartz breccia zone in a number of holes that were drilled to test geophysical anomalies and to collect samples for preliminary metallurgical testing. Metallurgical hole R-08-07, reported in the Press Release dated September 22, 2008, intersected a 14.01 metre (45.95 feet) mineralized interval that assayed **26.44 gpt (0.77 opt) gold, 21.36 gpt (0.62 opt) silver and 0.21% copper**. Within this interval, an extremely high grade section with a core length of 0.44 metres (1.44 feet) assayed **753.00 gpt (21.96 opt) gold, 462 gpt (13.47 opt) silver and 0.69% copper**.

Diamond drill hole R-08-05, reported in the Press Release dated November 26, 2008, located 153.00 metres (501.96 feet) northeast of hole R-08-07, which was drilled to a depth of 325.80 metres (1,069 feet), intersected very high grade mineralization grading **185.00 gpt gold, 108.00 gpt silver and 3.28 % copper** over a core length of 0.34 metres (1.10 feet). The very high grade mineralization is contained within the interval from 263.47 metres to 264.32 metres (0.85 metres or 2.80 feet) which has a weighted average grade of **74.29 gpt gold, 44.07 gpt silver and 1.40 % copper**.

Diamond drill hole R-08-08, reported in the Press Release dated November 26, 2008, located approximately 284 metres (931.5 feet) northeast of hole R-08-07, was drilled to a depth of 386.8 metres or 1,269 feet. The hole intersected **17.92 gpt gold, 3.38 gpt silver and 0.18 % copper** over 1.63 metres (5.30 feet) from 160.84 to 162.46 metres. Contained within this intersection is an interval from 160.84 metres to 161.48 metres (0.65 metres or 2.10 feet) which grades **32.40 gpt gold, 6.00 gpt silver and 0.12% copper**. An additional zone of mineralization was encountered from 168.86 to 171.40 metres (2.56 metres or 8.30 feet) that graded **8.70 gpt gold, 3.83 gpt silver and 0.18 % copper**.

Tom Drivas, President of Romios, stated: "The results from the geophysical survey demonstrate the potential to expand the known mineral resource at the North West Zone well beyond the known area of mineralization. During the 2009 summer season, we intend to initiate an aggressive diamond drill program on the Newmont Lake property to systematically test the large chargeability anomaly."

For the purposes of the disclosure in this Press Release, Thomas Skimming, P.Eng., Vice-President of Exploration and a Director of Romios is the Qualified Person ("QP") in accordance with NI 43-101.

About Romios Gold Resources Inc.

Romios Gold Resources Inc., a progressive Canadian mineral exploration company established in 1995, is headquartered in Toronto and is actively engaged in precious and base metal exploration across North America with a primary focus on gold, silver and copper. Romios has significant property interests in British Columbia, Ontario and Nevada. The Corporation is undertaking extensive exploration work on its Galore Creek area properties in British Columbia, which are centrally located between Nova Gold's large gold-copper-silver deposit and Barrick's high grade gold mine at Eskay Creek.

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Cautionary Note Regarding Forward-Looking Statements: This Press Release contains forward-looking statements that involve risks and uncertainties, which may cause actual results to differ materially from the statements made. When used in this document, the words "may", "would", "could", "will", "intend", "plan", "anticipate", "believe", "estimate", "expect" and similar expressions are intended to identify forward-looking statements. Such statements reflect our current views with respect to future events and are subject to such risks and uncertainties. Many factors could cause our actual results to differ materially from the statements made, including those factors discussed in filings made by us with the Canadian securities regulatory authorities. Should one or more of these risks and uncertainties, such actual results of current exploration programs, the general risks associated with the mining industry, the price of gold and other metals, currency and interest rate fluctuations, increased competition and general economic and market factors, occur or should assumptions underlying the forward looking statements prove incorrect, actual results may vary materially from those described herein as intended, planned, anticipated, or expected. We do not intend and do not assume any obligation to update these forward-looking statements, except as required by law. Shareholders are cautioned not to put undue reliance on such forward-looking statements.